



SERMON NOTES

December 6, 2020

Scripture: Ephesians 4:32 - 5:2 (NAS)

“Stress Management”

Rev. Rut Etheridge

Ephesians 4:32

32 Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.

Ephesians 5:1-2

- 1 Therefore be imitators of God, as beloved children;
- 2 and walk in love, just as Christ also loved you and gave Himself up for us, an offering and a sacrifice to God as a fragrant aroma.