



SERMON NOTES

July 26, 2009

Scripture: Psalm 38:1-22 (NAS)

Topic: "An Introspective Look"

Rev. Bruce Gardner

- 1 O LORD, rebuke me not in Your wrath, And chasten me not in Your burning anger.
- 2 For Your arrows have sunk deep into me, And Your hand has pressed down on me.
- 3 There is no soundness in my flesh because of Your indignation; There is no health in my bones because of my sin.
- 4 For my iniquities are gone over my head; As a heavy burden they weigh too much for me.
- 5 My wounds grow foul and fester Because of my folly.
- 6 I am bent over and greatly bowed down; I go mourning all day long.
- 7 For my loins are filled with burning, And there is no soundness in my flesh.
- 8 I am benumbed and badly crushed; I groan because of the agitation of my heart.
- 9 Lord, all my desire is before You; And my sighing is not hidden from You.
- 10 My heart throbs, my strength fails me; And the light of my eyes, even that has gone from me.
- 11 My loved ones and my friends stand aloof from my plague; And my kinsmen stand afar off.
- 12 Those who seek my life lay snares for me; And those who seek to injure me have threatened destruction, And they devise treachery all day long.
- 13 But I, like a deaf man, do not hear; And I am like a mute man who does not open his mouth.
- 14 Yes, I am like a man who does not hear, And in whose mouth are no arguments.
- 15 For I hope in You, O LORD; You will answer, O Lord my God.
- 16 For I said, "May they not rejoice over me, Who, when my foot slips, would magnify themselves against me."
- 17 For I am ready to fall, And my sorrow is continually before me.
- 18 For I confess my iniquity; I am full of anxiety because of my sin.
- 19 But my enemies are vigorous and strong, And many are those who hate me wrongfully.
- 20 And those who repay evil for good, They oppose me, because I follow what is good.
- 21 Do not forsake me, O LORD; O my God, do not be far from me!
- 22 Make haste to help me, O Lord, my salvation!

I. SICKNESS AN EFFECT OF LIVING IN A FALLEN WORLD

- A. Was Not Present In The Garden
- B. Will Not Be Present In Heaven *Revelation 21:3,4*
- C. Jesus' Teachings On Sin And Sickness *John 9:1-3*
- D. We Ought Not Stand As Accusers Of Others

II. DAVID'S INTROSPECTIVE LOOK

- A. Acknowledgment Of God's Actions
 1. Rebuke
 2. Chasten

- B. David's Plea For Mercy
- C. Chastisement Described
 1. A heavy hand
 2. Visible effects of illness *vs. 7, 11*

III. REASON FOR THE SICKNESS AND SUFFERING vs. 3

- A. God's Indignation
- B. David's Sin

IV. GOD IS NOT BLAMED

- A. My Sin *vs. 3*
- B. My Iniquity *vs. 4*
- C. My Folly *vs. 6*

V. ACCESS TO THE THRONE OF GRACE

- A. God Knows *Romans 8:26,27*
- B. Amidst The Desertion Of Others, God Does Not Desert

VI. THE SUFFERING IS NOT ALONE

- A. David's Suffering
- B. Jesus' Suffering *John 1:10,11; Isaiah 53:6,7*
- C. Our Suffering *Hebrews 12:7-11*

VII. THE RESPONSES TO THE SUFFERING

- A. A Pleas For His Presence
- B. The Acknowledgment Of His Salvation *Psalm 46:1*