



## **SERMON NOTES**

July 24, 2016

Scripture: Psalm 146:1-10 (NAS)

Topic: "Seeking His Blessing"

Rev. Bruce Gardner

- 1 Praise the LORD! Praise the LORD, O my soul!
- 2 I will praise the LORD while I live; I will sing praises to my God while I have my being.
- 3 Do not trust in princes, In mortal man, in whom there is no salvation.
- 4 His spirit departs, he returns to the earth; In that very day his thoughts perish.
- 5 How blessed is he whose help is the God of Jacob, Whose hope is in the LORD his God,
- 6 Who made heaven and earth, The sea and all that is in them; Who keeps faith forever;
- 7 Who executes justice for the oppressed; Who gives food to the hungry. The LORD sets the prisoners free.
- 8 The LORD opens the eyes of the blind; The LORD raises up those who are bowed down; The LORD loves the righteous;
- 9 The LORD protects the strangers; He supports the fatherless and the widow, But He thwarts the way of the wicked.
- 10 The LORD will reign forever, Your God, O Zion, to all generations. Praise the LORD!

### **I. TWO THINGS GOD IS CALLING US TO DO**

A. Praise Him Always

B. Trust In Him Always

### **II. WE ARE TO PRAISE THE LORD ALWAYS**

A. The Psalm Begins And Ends With This Mandate

B. Hallelujah – Not To Be Spoken Flippantly

C. Preach To Yourself About Praising The Lord

D. Be Determined About Praising The Lord, "I Will"

### **III. PLACE OUR TRUST IN THE LORD**

A. We Are Not To Trust Powerful Men

1. They will disappoint you

2. God controls the leaders *Proverbs 21:1*

3. Their influence is brief *Jeremiah 17:5*

### **B. We Must Trust In The Lord**

1. He is the God of Jacob (grace)

2. He is the Creator

3. He is the Sustainer

a. provides food

b. cares for the prisoner

c. He gives sight

d. He cares for the heavily burdened

e. He protects the stranger

f. He supports those left alone

g. He will deal with the wicked

### **IV. TRUST AND PRAISE HIM AND HE WILL BLESS YOU**