



SERMON NOTES

July 10, 2016

Scripture: Psalm 142:1-7 (NAS)

Topic: "Praying When Feeling Trapped"

Rev. Bruce Gardner

- 1 I cry aloud with my voice to the LORD; I make supplication with my voice to the LORD.
- 2 I pour out my complaint before Him; I declare my trouble before Him.
- 3 When my spirit was overwhelmed within me, You knew my path. In the way where I walk They have hidden a trap for me.
- 4 Look to the right and see; For there is no one who regards me; There is no escape for me; No one cares for my soul.
- 5 I cried out to You, O LORD; I said, "You are my refuge, My portion in the land of the living.
- 6 "Give heed to my cry, For I am brought very low; Deliver me from my persecutors, For they are too strong for me.
- 7 "Bring my soul out of prison, So that I may give thanks to Your name; The righteous will surround me, For You will deal bountifully with me."

I. THE SEASON IN DAVID'S LIFE (DAVID'S PLEA)

- A. Under The Threat Of Saul
- B. Hidden In A Cave
- C. Outcasts Gathered Around Him??? *1 Samuel 22:1,2*
- D. Feeling Trapped With No Escape, All Alone
- E. Not Necessarily A Bad Place To Be
 1. It fosters awareness of need for a personal relationship with the Lord; David understood this. *Psalm 23*
 - a. With his father's sheep
 - b. Against Goliath
 2. Prudence in prayer
 - a. Sense of being alone
 - b. Prayers do not reveal unknown information to God *Ps 139:1-4*
 - 1) Pray out of duty
 - 2) We pray so we might be aware of God's answers

- c. Prayer must always be humbly respectful
- d. We pray to acknowledge our own insufficiency and God's all sufficiency
 - 1) Failure to pray comes from self-sufficiency *Ephesians 6:18; 1 Thessalonians 5:17*
 - 2) We are not informing God; we recognize, verbalize our needs and see God meet the need *Matthew 6:8*

II. DAVID'S PLIGHT

- A. Lonely
- B. Feeling Trapped
- C. Circumstances Beyond His Control

III. DAVID'S PORTION

- A. The Lord Is My Refuge And Portion
- B. Not The Cave
- C. All We Seek In Life Is Nothing Compared To God

IV. DAVID'S PROSPECTS

- A. The Lord Will Deliver Me
- B. Delivered To Give Thanks