



## SERMON NOTES

December 6, 2015

Scripture: Psalm 71:1-24 (NAS)

Topic: "Aging Well" Rev. Bruce Gardner

1 In You, O LORD, I have taken refuge; Let me never be ashamed.  
 2 In Your righteousness deliver me and rescue me; Incline Your ear to me and save me.  
 3 Be to me a rock of habitation to which I may continually come; You have given  
 commandment to save me, For You are my rock and my fortress.  
 4 Rescue me, O my God, out of the hand of the wicked, Out of the grasp of the wrongdoer  
 and ruthless man,  
 5 For You are my hope; O Lord GOD, You are my confidence from my youth.  
 6 By You I have been sustained from my birth; You are He who took me from my mother's  
 womb; My praise is continually of You.  
 7 I have become a marvel to many, For You are my strong refuge.  
 8 My mouth is filled with Your praise And with Your glory all day long.  
 9 Do not cast me off in the time of old age; Do not forsake me when my strength fails.  
 10 For my enemies have spoken against me; And those who watch for my life have consulted  
 together,  
 11 Saying, "God has forsaken him; Pursue and seize him, for there is no one to deliver."  
 12 O God, do not be far from me; O my God, hasten to my help!  
 13 Let those who are adversaries of my soul be ashamed and consumed; Let them be  
 covered with reproach and dishonor, who seek to injure me.  
 14 But as for me, I will hope continually, And will praise You yet more and more.  
 15 My mouth shall tell of Your righteousness And of Your salvation all day long; For I do not  
 know the sum of them.  
 16 I will come with the mighty deeds of the Lord GOD; I will make mention of Your  
 righteousness, Yours alone.  
 17 O God, You have taught me from my youth, And I still declare Your wondrous deeds.  
 18 And even when I am old and gray, O God, do not forsake me, Until I declare Your strength  
 to this generation, Your power to all who are to come.  
 19 For Your righteousness, O God, reaches to the heavens, You who have done great things;  
 O God, who is like You?  
 20 You who have shown me many troubles and distresses Will revive me again, And will bring  
 me up again from the depths of the earth.  
 21 May You increase my greatness And turn to comfort me.  
 22 I will also praise You with a harp, Even Your truth, O my God; To You I will sing praises  
 with the lyre, O Holy One of Israel.  
 23 My lips will shout for joy when I sing praises to You; And my soul, which You have  
 redeemed.  
 24 My tongue also will utter Your righteousness all day long; For they are ashamed, for they  
 are humiliated who seek my hurt.

### **I. THE AGING PROCESS**

- A. For A Time We Desire To Be Older
- B. That Changes Because Of The Problems With Aging
- C. Developing A Lifestyle That Prepares For Old Age

### **II. THE AUTHOR OF THE PSALM**

- A. Perhaps David (uncertain)

B. He Was A Man Of Age

C. He Was Facing Struggles

D. He Raised The Great Rhetorical Question In Vs. 19

### **III. THE PSALMIST HAD DEVELOPED HABITS**

A. The Word Continually vs. 3, 6, 14

B. Habits Of Trusting, Praising, Hoping

### **IV. TRUSTING GOD**

A. Trusting In The Midst Of Struggles *II Timothy 1:12*

B. Faith Dispels Doubt And Fear

C. Knowing God Better Strengthens Trust

D. Remembering God's Past Faithfulness vs. 6a, 7b, 15 -19, 10, 23-  
24 *Joshua 4:20-22*

### **V. PRAISING GOD**

A. Even In Difficulty

B. Built On Trust

C. Count Your Many Blessings

### **VI. HOPING IN GOD**

A. Not Like The Secular Use Of The Word Hope

B. It Is Secured By God's Promises

### **VII. SERVING THE LORD**

A. Prepare By Serving Him Now

B. Called To A Lifetime Of Service