



SERMON NOTES

August 9, 2009

Scripture: Psalm 40:1-17 (NAS)

Topic: "A Cry from the Pit"

Rev. Bruce Gardner

- 1 I waited patiently for the LORD; And He inclined to me and heard my cry.
- 2 He brought me up out of the pit of destruction, out of the miry clay, And He set my feet upon a rock making my footsteps firm.
- 3 He put a new song in my mouth, a song of praise to our God; Many will see and fear And will trust in the LORD.
- 4 How blessed is the man who has made the LORD his trust, And has not turned to the proud, nor to those who lapse into falsehood.
- 5 Many, O LORD my God, are the wonders which You have done, And Your thoughts toward us; There is none to compare with You. If I would declare and speak of them, They would be too numerous to count.
- 6 Sacrifice and meal offering You have not desired; My ears You have opened; Burnt offering and sin offering You have not required.
- 7 Then I said, "Behold, I come; In the scroll of the book it is written of me.
- 8 I delight to do Your will, O my God; Your Law is within my heart."
- 9 I have proclaimed glad tidings of righteousness in the great congregation; Behold, I will not restrain my lips, O LORD, You know.
- 10 I have not hidden Your righteousness within my heart; I have spoken of Your faithfulness and Your salvation; I have not concealed Your lovingkindness and Your truth from the great congregation.
- 11 You, O LORD, will not withhold Your compassion from me; Your lovingkindness and Your truth will continually preserve me.
- 12 For evils beyond number have surrounded me; My iniquities have overtaken me, so that I am not able to see; They are more numerous than the hairs of my head, And my heart has failed me.
- 13 Be pleased, O LORD, to deliver me; Make haste, O LORD, to help me.
- 14 Let those be ashamed and humiliated together Who seek my life to destroy it; Let those be turned back and dishonored Who delight in my hurt.
- 15 Let those be appalled because of their shame Who say to me, "Aha, aha!"
- 16 Let all who seek You rejoice and be glad in You; Let those who love Your salvation say continually, "The LORD be magnified!"
- 17 Since I am afflicted and needy, Let the Lord be mindful of me. You are my help and my deliverer; Do not delay, O my God.

I. REAL PEOPLE, REAL LIFE SITUATIONS

- A. Much About Society Has Changed
- B. The Nature Of The Problems Remain The Same

II. PATIENCE

- A. Where It Comes From
 1. It is a grace
 2. It is a part of love *1 Corinthians 13:4*

3. It is not natural to fallen men
4. We are to pursue it *Colossians 3:12*
5. It is part of the fruit of the Spirit *Galatians 5:22*

B. Patience Is Strength Gained Under Trial

C. Christian Patience Is Waiting On The Lord *Jer. 31:3; Romans 8:28*

III. DAVID'S STRUGGLE

- A. The Specific Problem Is Not Known
- B. The Specifics Not Given Make It More Generally Applicable
- C. The Picture Given Is That Of A Dark Pit and Miry Clay *Jer. 38:6*

IV. DAVID CALLED UPON THE LORD

- A. It Was A Common Experience *Psalm 3:1,4; 5:1; 6:6; 7:1*
- B. God Loves To Answer *Psalm 40:4*

V. DAVID WAITED

VI. DAVID SAW GOD'S REPLY

VII. DAVID RESPONDED IN PRAISE